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## **IOPA**

## The Internal Official Publication of ATTINGAL BRANCH

(Monthly Bulletin of Attingal Branch)

Issue No: 3, APRIL 2023

Welcome to another edition of our monthly newsletter. This is the third edition of the Attingal branch newsletter with contents of the branch activities in the month of April.

World Autism Day was observed on April 2nd 2023 at the "Light to the Blind Special School", Varkala.. An awareness class was taken by Dr Alex Philip and Dr Firoz, Assistant Professor of Sree Sankara Dental College, Akathumuri, Varkala, had given the attendees a talk on the special care to be given to maintain the oral health of the children. The camp was attended by Dr Arun Roy, Dr Arun S, Dr Shameem Shukkoor, Dr Vasudevan Vinay, Dr Alex Philip and Dr Firoz. The camp was well attended and more projects are planned with the institute in the near future.









The Second Executive Meeting of Attingal branch was held at Lions Club Hall, Attingal on April 4th 2023. The executive meeting was well attended with three absentees. Various issues and future plans and projects were discussed. This year's first journal and newsletter were officially launched at the executive and released to all our members digitally.







On April 16th 2023, WDC had organised a get-together for the lady members of our branch. The get-together was organized to mark the festive season of the month. The trio of Easter-Vishu –Eid was celebrated at Hotel Bright, Attingal. The occasion was attended by members and kids of Dr Adheena, Dr Jyothi, Dr Meera, Dr Jessy, Dr Arya, Dr Swathi and Dr Susmitha.







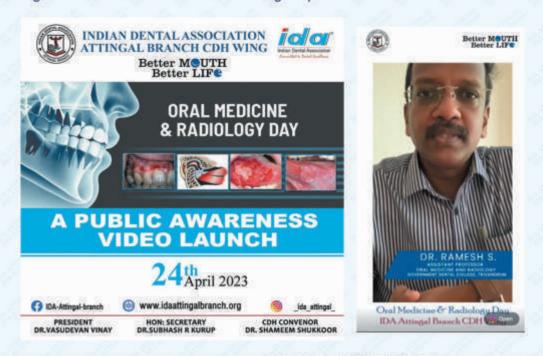
World Earth Day was observed on 22nd April 2023 at Government Higher Secondary School, Kilimanoor, by the WDC wing of our branch. To mark the event three plant samplings were planted at various locations of the school. Hope our effort will inspire the planting of more trees and provide some shade for our future generations. The session was attended by Dr Deepa G, Dr Adheena Chandran, Dr Ashwathy, Dr Bincy Prem, Dr Biju A Nair and Dr Vasudevan Vinay.



Our 2nd CDE program of the year was conducted on April 23rd at Hotel Savithri, Attingal. The session was on Crown and Bridge, Clinical Excellence and Lab Expectations. The faculty were Dr K Harshakumar, Prof and Head, Dept. of Prosthodontics, GDC Trivandrum and Dr Jogi Abraham, Director, Acufit Dental Lab, Kottayam. The CDE was well attended and received. There was a hands on session too for those who wished to have a hands on feel of the procedures.



Oral Medicine and Radiology Day was observed on April 24th2023. A public awareness video was launched by the CDH wing. Dr Ramesh S, Assistant Professor, Department of Oral Medicine and Radiology at GDC Trivandrum had helped in the making of the video to create awareness among the public.



The month of April was observed as Heart Mouth Covid month. Dr Chitra Girija Vallabhan, had given a good insight into the association between Gum disease, Heart and Covid 19 infections through the video launched on April 27th.





There are a few hidden talents among our members. One among them is Dr Siji Roshith, who has won a prize in each of the three competitions she has participated in. The competitions were held at different branches and Dr Siji has emerged a winner in all three events.

The first was a tooth fairy day contest held by Kodungalloor branch on February 28th. She had won the third prize at the event.

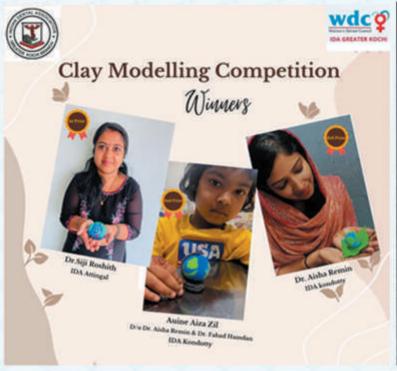


The second was an Earth Day event held by Tirur branch were contestants were to make craft with waste from the clinic. Dr Siji had won the second prize for the event.





The next was a clay modelling competition held by Greater Kochi branch, were contestants were to make a miniature model of earth using modelling clay. Dr Siji had won the first prize in that event.





Congratulation Dr Siji for the efforts taken in securing the wins and thank you for holding up our branch name.